The Sacraments: Seven Ways   
of Experiencing Christ Answer Key

|  |  |  |  |
| --- | --- | --- | --- |
| The Sacraments | | | |
| Category | Name of Sacrament;  Repeatable or  Non-repeatable | Sacramental Signs | Brief Explanation  of the Sacrament |
| Sacraments  of Initiation | **Baptism**  ***Non-repeatable*** | Pouring water or immersion three times in the name of the Trinity | Primary Sacrament of Christian Initiation beginning new life in the Church, repeats what Jesus did as he began his public ministry |
| **Confirmation**  ***Non-repeatable*** | Anointing with Sacred Chrism (oil), laying on of hands | Completing of Baptism, strengthens new life, signifies the gift of the Holy Spirit |
| The Eucharist  *Repeatable* | Blessing, distributing, and eating consecrated bread and wine, the Body and Blood of Christ | Final Sacrament of Christian Initiation that nourishes and sustains us in resurrected life in Christ, spiritual  food for the journey |
| Sacraments  of Healing | Reconciliation  *Repeatable* | Confession of sins and words  of absolution (forgiveness) | **Sacrament of Healing for the forgiveness of sins, pardons and reconciles us with the Church  through God’s mercy** |
| Anointing of the Sick  ***Repeatable*** | **Prayer of faith, the laying on  of hands, and the anointing with the Oil of the Sick** | Sacrament of Healing for those who are seriously ill or for any life-threatening situation (e.g., serious surgery) |
| Sacraments  at the Service of Communion | **Holy Orders**  *Non-repeatable* | The laying on of hands and  the speaking of the prayer of consecration | A sacrament of service to the Church as a deacon, priest, or bishop, celebrates sacraments according to their office (e.g., priest can celebrate the Eucharist but cannot ordain another priest) |
| Marriage  *Non-repeatable* as long  as both spouses live | **The vows the couple exchanges before a priest or deacon, two other witnesses, and the assembly** | Planned by God to bring about two great goods: man and woman pledged in love and service to one another, and the procreation and education of children |